

# PHYSICAL SECTION



## TRAMPOLINING

Lordswood Leisure Centre, North Dane Way,  
Chatham, ME5 8YE

**6:00-7:00PM**

**£2.50 PER SESSION**

**29<sup>th</sup> Jan / 5<sup>th</sup> Feb / 12<sup>th</sup> Feb / 26<sup>th</sup> Feb / 5<sup>th</sup> Mar / 12<sup>th</sup> Mar /  
19<sup>th</sup> Mar / 26<sup>th</sup> Mar / 23<sup>rd</sup> Apr / 30<sup>th</sup> Apr / 7<sup>th</sup> May / 14<sup>th</sup> May**

DofE Record Book will need to be shown as ID on all sessions at  
Lordswood Leisure Centre

Please note ALL sessions must be attended.

Socks must be worn and loose fitting clothing eg: tracksuit  
No earrings or jewellery.

Dean Harding, Summit House, Woodlands Rd, Gillingham, Kent

*limited spaces, first come, first served basis, consent forms on attendance please, these will  
be sent to you once you have registered*

\_\_\_\_\_ wishes to attend the **TRAMPOLINING** course

School/Unit \_\_\_\_\_

Home Address \_\_\_\_\_

Tel \_\_\_\_\_ Signed \_\_\_\_\_ parent/carer